



DELAWARE ACADEMY OF
FAMILY PHYSICIANS

SPORTS MEDICINE SYMPOSIUM

Saturday, November 11, 2023

University of Delaware | Clayton Conference Center

7:30 AM - 1:30 PM



**Pediatric Perspectives
& Care of the Young Athlete**

REGISTRATION IS OPEN !

JOIN US!

Plan to join your colleagues and friends at the University of Delaware's John M. Clayton Hall on Saturday, November 11 for the **Delaware Academy of Family Physicians Annual Sports Medicine Symposium**. This year's conference will focus on addressing sports medicine injuries in children and young athletes. Conference chair and family physician, Dr. Stephen Kushner has built a dynamic agenda for all primary care physicians who treat these budding athletic stars.



2023 DAFP Sports Medicine Agenda

Saturday, November 11, 2023

University of Delaware | John M. Clayton Hall

- 7:30 am - 7:55 am:** Breakfast and Exhibitors
- 7:55 am - 8:00 am:** **Welcome**
Conference Chair: *Stephen Kushner, DO*
- 8:00 am - 8:45 am:** **Common Sports-related Infections in the Young Athlete**
Neil Rellosa, MD
- 8:45 am - 9:15 am:** Break with Exhibitors
- 9:15 am - 10:00am:** **Care for the Youth Athlete (and their Families) in Mind, Body, and Spirit**
Alfred Atanda, MD
- 10:00 am - 10:45 am:** **Update on COVID and DIAA Return to Sport / Cardiac Clearance**
Deepika Thacker, MD
- 10:45 am - 11:15 am:** Break with Exhibitors
- 11:15 am - 12:00 pm:** **The Limping Child**
Julianne P. Sees, DO
- 12:00 pm - 12:30 pm:** Lunch with Exhibitors
- 12:30 pm - 1:15pm:** **Sports Therapy Approaches: Managing Overuse Injuries and the Growing Trend of Early Sport Specialization**
Matthew Harris, PT, DPT, CSCS

