AGENDA

7:30am
Registration – Visit Exhibits – Continental Breakfast

7:55am
Welcome/Opening Remarks
Seema Dattani, MD and Linsey O’Donnell, DO – Program Chairs
Department of Family and Community Medicine, CCHS

8:00am-9:00am
Driving and Older Adults
Melissa Morgan-Gouveia, MD
Faculty, Section of Geriatrics, Department of Medicine, CCHS
Assistant Professor of Medicine, Part-time faculty, Division of Geriatrics and Gerontology, Johns Hopkins University School of Medicine

Learning Objectives:
• Identify medical conditions and medications that can impair driving ability in older adults
• Describe tools to assess driving-related functional skills in older adults
• Provide resources for older adult drivers and caregivers

9:00am-9:30am
Break – Visit Exhibits
9:30
*Deprescribing Demystified*
Lynsey Brandt, MD, PharmD
Geriatrics Consult Program, CCHS

Learning objectives
- Identify medications which are high-risk in older adults (Beers list, Anticholinergics, and Selected other examples)
- Understand principles of safe medication use in older adults (renal dosing, drug interactions)
- Review guidelines for deprescribing medications
- Provide deprescribing resources for providers and patients

10:30–11:00
Break – Visit Exhibits

11:00
*DMOST, Training for Healthcare Providers*
John Goodill, MD
Palliative Care, CCHS

Learning objectives
- Discuss the new law upon which DMOST is based, HB 64, and the resulting Delaware Regulations, Title 16, Chapter 25 - 4304 Delaware Medical Orders for Scope of Treatment.
- Correctly identify persons who are eligible to use this form to guide their own treatment preferences at end of life
- Discuss the required communication and documentation process for DMOST
- Apply the 8 step DMOST protocol
- Relate the Plain Language FAQs

Thanks to our partner, the Delaware Academy of Medicine, for providing additional support for the Geriatric Medicine Symposium.